



# First District Training Schedule April 2024

Advocate Trainer: **Reina Boell** – [reina@northidahocasa.org](mailto:reina@northidahocasa.org)

## CASA Facilitated

Date/Time	Topic	Description	Access	Notes
<b>Wednesday, April 3<sup>rd</sup> @ 7:00 am - 9:00 am</b>	Autism Spectrum Disorder: Definitions, Making the Transition to Adulthood, and Real-Life Concerns	<p>The latest estimates suggest that 1 in 36 children (about 3% of the population) are identified as being on the autism spectrum. These youth have many strengths and capacities while struggling with the demands of life in a non-autism-friendly world. The transition from youth to adulthood is especially difficult as those with autism typically lose services and support at this age and are faced with educational and relationship decisions that often overwhelm them and their families.</p> <p>This 90-minute presentation has the following objectives:</p> <ol style="list-style-type: none"> <li>Gain greater understanding and insight into the diagnosis of autism</li> <li>Discuss real-life strengths, demands, and challenges faced by youth with autism</li> <li>Explore the transition from youth to adulthood on the spectrum and gain ideas about how to help</li> </ol>	<b>Zoom Only</b>  Register for the event at <a href="https://www.marylandcasa.org/trainings-and-events/autism-spectrum-disorder-definitions-making-the-transition-to-adulthood-and-real-life-concerns">https://www.marylandcasa.org/trainings-and-events/autism-spectrum-disorder-definitions-making-the-transition-to-adulthood-and-real-life-concerns</a>	<b>Must register in advance with <a href="#">Maryland CASA</a></b>  <b>Presented by Maryland CASA</b>
<b>Wednesday, April 10<sup>th</sup> @ 7:00 am – 9:00 am</b>	Adverse Childhood Experiences (ACEs).	<p>Adverse Childhood Experiences (ACEs) are traumatic or stressful experiences, such as abuse or neglect, that occur during childhood or adolescence. Armed with powerful new insights into how toxic stress changes the physiology of early brain development, we can begin to find sustainable solutions to childhood trauma by empowering resilient, self-healing communities. The training is designed to support widespread awareness, promote understanding, and empower communities to improve health and well-being throughout society. Learn about the key positive childhood experiences that help children grow into healthy, resilient adults and how our communities and our systems of care can provide access to them. The Four Building Blocks of HOPE will focus beyond ACEs to deepen our understanding and empathy, foster trust among families, and nurture anti-racist thinking to serve everyone without stigma. The participant will understand how the growing body of research demonstrates how positive childhood experiences drive healthy development and can mitigate the effects of adverse ones.</p>	<b>Zoom Only</b>  Register for the event at <a href="https://www.marylandcasa.org/trainings-and-events/aces-adverse-childhood-experiences">https://www.marylandcasa.org/trainings-and-events/aces-adverse-childhood-experiences</a>	<b>Must register in advance with <a href="#">Maryland CASA</a></b>  <b>Presented by Maryland CASA</b>
<b>Wednesday, April 10<sup>th</sup> @ 12:30 pm – 1:30 pm</b>	Moral Reconciliation Therapy (MRT)	<p>Join us for an insightful training session on Moral Reconciliation Therapy (MRT), a cognitive-behavioral treatment that centers on the development of moral reasoning skills.</p>	<b>CDA CASA office or Zoom.</b> <a href="#">Join Zoom Meeting</a>  <b>Meeting ID: 883 3113 7868</b> <b>Passcode: 123519</b>	<b>Presented by Children’s Village, Residential Therapist Gregory Lee, LCPC</b>

<p><b>Wednesday, April 17<sup>th</sup> @ 8:00 am – 9:30 am</b></p>	<p>Human Trafficking 101</p>	<p>Human Trafficking 101 will teach the basics about human trafficking, indicators, how to identify, reporting, and resources available through Harriett’s House.</p>	<p><b>Zoom Only</b></p> <p>Register for the event at <a href="https://www.marylandcasa.org/trainings-and-events/human-trafficking-101">https://www.marylandcasa.org/trainings-and-events/human-trafficking-101</a></p>	<p><b>Must register in advance with <a href="#">Maryland CASA</a></b></p> <p>Presented by Maryland CASA</p>
<p><b>Wednesday, April 24<sup>th</sup> @ 5:00-7:30 pm</b></p>	<p>Darkness 2 Light’s <b>NEW</b> Stewards of Children</p>	<p><b>NEW Program</b> Darkness to Light’s flagship, evidence-informed prevention training to help adults prevent, recognize, and react responsibly to child sexual abuse. The training is 2.5 hours and features survivor stories, experts in the field, and other concerned individuals, all providing practical guidance to prevent child sexual abuse.</p>	<p>CDA CASA Office Only</p>	<p><b>Must RSVP with Reina at <a href="mailto:reina@northidahocasa.org">reina@northidahocasa.org</a> by April 15, 2024.</b></p> <p>This training is open to Advocates and the public. Please feel free to invite anyone who would like to attend (they will also need to RSVP)</p>
<p><b>Saturday, April 27<sup>th</sup>, 9:00 am – 3:00 pm</b></p>	<p>Idaho State CASA Conference</p>	<p>Idaho State 2nd annual Statewide Conference - The CASA Conference will be held on Zoom <b>and</b> streamed in person in each judicial district with your local CASA Program. Six hours of Continuing Education will be provided for advocates.</p> <p>Presenters:</p> <ul style="list-style-type: none"> <li>• Cassidy Littleton, Keynote Speaker</li> <li>• Jill Hicks, LCPC (Session 1 on Children's Mental Health)</li> <li>• Sgt. Todd Orr, Idaho State Police (Session 2 on Idaho Drug Trends)</li> <li>• Courtney Morgan, LCSW &amp; Kimi Eames, LCSW (Session 3 on Vicarious Trauma)</li> </ul>	<p><b>CDA and Sandpoint CASA office or Zoom.</b></p> <p><b>Lunch will be provided at our offices.</b></p>	<p><b>Please register no later than April 19, 2024</b></p> <p><a href="#">CASA Conference Registration</a></p>
<p><b>Monday, April 29 @ 12:00-2:30 pm</b></p>	<p>Darkness 2 Light’s <b>NEW</b> Stewards of Children</p>	<p><b>NEW Program</b> Darkness to Light’s flagship, evidence-informed prevention training to help adults prevent, recognize, and react responsibly to child sexual abuse. The training is 2.5 hours and features survivor stories, experts in the field, and other concerned individuals, all providing practical guidance to prevent child sexual abuse.</p>	<p><b>Sandpoint Library Training Room 102</b> 1407 Cedar Street Sandpoint, ID 83864</p>	<p><b>Must RSVP with Reina at <a href="mailto:reina@northidahocasa.org">reina@northidahocasa.org</a> by April 19, 2024.</b></p> <p>This training is open to Advocates and the public. Please feel free to invite anyone who would like to attend (they will also need to RSVP)</p>

<b>Tuesday, April 30 @ 5:30 – 7:00 pm</b>	The Brain Architecture Game	The Brain Architecture Game is a game that builds an understanding of the powerful role of experiences in early brain development, what promotes it, what derails it, and with what consequences for society. The goal is to build a brain that is as tall as possible, representing functionality and as sturdy as possible, representing the ability to withstand stress. Come have some fun working in teams with your peers while learning.	<b>CDA CASA Office Only</b>	<b>Must RSVP with Reina at <a href="mailto:reina@northidahocasa.org">reina@northidahocasa.org</a> by April 26, 2024.</b>  This training is open to Advocates and the public. Please feel free to invite anyone who would like to attend (they will also need to RSVP)
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### Externally Facilitated (Independent Study)

Date/Time	Topic	Description	Access	Notes
<b>April 30th @ 11:00 AM to 12:30 PM</b>	Building Understanding and Connections with Resistant and Non-Supportive Caregivers	CAC Advocates and clinicians have a critical role when working with families in the aftermath of an abuse disclosure. Understanding the barriers, family/cultural factors, and stages of change related to a caregiver's processing of abuse is important when trying to understand the caregiver's response, especially when the team members perceive the caregiver as "difficult, resistant, or unsupportive." How CAC staff advocates for and presents them in a trauma-informed perspective to the team can determine if they pursue support for their child and engage in meaningful ways in the investigative process. The argument can be made that understanding, engaging, and supporting these caregivers is some of the most critical work CACs can do to serve child victims. This presentation will review research, interventions, and team engagement strategies related to understanding and building compassion for these often misunderstood and maligned caregivers.	<b>Zoom Only</b>  Register for the event at: <a href="https://us02web.zoom.us/webinar/register/WN_ITQGXxm6R6qOp_uZZGRNiw#/registration">https://us02web.zoom.us/webinar/register/WN_ITQGXxm6R6qOp_uZZGRNiw#/registration</a>	<b>Must register in advance with the <a href="#">Child Advocacy Center</a></b>
<b>On-Demand</b>	Beyond Burnout: Research Driven Methods to Treat and Prevent Burnout with Danielle Wayne, LCSW, LISW	Empower Idaho presents Beyond Burnout: Research-Driven Methods to Treat and Prevent Burnout Webinar Objectives: <ul style="list-style-type: none"> <li>• Understand what burnout is and the impact of burnout outside the workplace on individuals</li> <li>• Discuss the possible causes of burnout at individual and organizational levels</li> <li>• Understand how to treat burnout, from an individual perspective, if we're already feeling burnt out</li> <li>• Learn strategies to try to prevent burnout from happening in the first place on an individual level</li> </ul>	<a href="https://www.youtube.com/watch?v=oCP-KADziWA">https://www.youtube.com/watch?v=oCP-KADziWA</a>	<b>1 hour of training</b>

<b>On-Demand</b>	Helping Children & Adolescents with Emotional Problems	This special program was created to help inform parents and educators who are on the front line of dealing with children and teens with mental health issues and can often be among some of the first people to see that a child is struggling. Enhancing the potential for early intervention is important, and because educational professionals have relationships with students and their families, they are often the people who guide students and their families to resources.	<a href="https://bbrfoundation.org/event/helping-children-adolescents-emotional-problems">https://bbrfoundation.org/event/helping-children-adolescents-emotional-problems</a>	<b>1 hour of training</b>
<b>Friday, September 6, 2024, 9:00 am – 4:30 pm in CDA, Specific location TBD.</b>	Digital Awareness, Our World in Tech – Cyberstalking 101, The weaponization of Technology	The Intersection of Co-Parenting and Domestic Violence Summary/ Description As our dependency and use of technology increases, we rely on many digital devices to complete daily activities. Unfortunately, as technology becomes more integral to our lives, offenders have identified ways to exploit this technology to facilitate harm toward their co-parents and victims. In this session you will learn how the Our Family Wizard co-parenting tool will help promote healthy and safe communication in co-parenting and domestic violence situations alike. This online and mobile communication tool allows for a shared parenting calendar, secure messaging, expense tracking, and more. Utilized and ordered worldwide as the leader in co-parenting communication.	<b>RSVP - <a href="mailto:jmeserve@kcgov.us">jmeserve@kcgov.us</a> - Space is limited.</b>	<b>Free Training -</b> First and Second District Family Court Services are planning an in-person training on September 6, 2024, in Coeur d'Alene. Steven Bradley from Our Family Wizard will be the presenter.